

LEISURE POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Adult Swim 5:30-8:45 am	Adult Swim 5:30-10 am	Adult Swim 5:30-8:45 am	Adult Swim 5:30-10 am	Adult Swim 5:30-10 am	Adult Swim 8 am-Noon
Aqua Strength & Flex 8:45-9:45 am	Family Swim 10am-12 pm	Aqua Strength & Flex 8:45-9:45 am	Family Swim 10am-12 pm	Family Swim 10am-12 pm	Open Swim Noon-5:30 pm
Family Swim 10am-12 pm	Adult Swim 12-3:30 pm	Family Swim 10am-12 pm	Adult Swim 12-3:30 pm	Adult Swim 12-3:30 pm	SUNDAY
Adult Swim 12-3:30 pm	Open Swim 3:30-8 pm	Adult Swim 12-3:30 pm	Open Swim 3:30-8 pm	Open Swim 3:30-6:30 pm	Open Swim Noon-5:30 pm
Open Swim 3:30-8 pm		Open Swim 3:30-8 pm			

Lifeguards are on duty:

- Monday-Thursday, 3:30-8 pm
- Friday, 3:30-6:30 pm
- Saturday & Sunday, Noon-5:30 pm

The vortex and current channel may be open limited times Monday through Thursday from 3:30-8pm, and the slide, vortex, and current channel may be open limited times Fridays from 3:30-6:30pm, and Saturday and Sunday 1pm-5pm and only when lifeguards are on duty.

Aqua classes are for members 14 years and older.

- **Aqua Strength & Flex:** Is geared to improve balance and mobility by working in the warmer water.

Family Swim is open for kids under the age of 14 but must have a parent or guardian in the water within arms reach.

Adult swim is for members 14 years and older and is not supervised by a lifeguard.

Open swim is for all ages. Children 9 and under must be with a parent or guardian.

Contact Calen Bristow with inquires at Calen@mtparkhoa.com.

